

Carman Elementary School Newsletter

January 2017
Issue #3

Principal: Mrs. Cecile Affleck

Vice-Principal: Ms. Pat Hamm

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❖ Upcoming Events

Feb. 3- PD Day- no classes
Feb. 13- ACSL meeting 7pm
Feb. 13- ACSL mtg. 7pm
Feb. 14- Valentine's day
Feb. 14-16- CES book fair
Feb. 15- Early dismissal
Feb. 20- Louis Riel day- no classes

Flute Alors Recorder Quartet

On Thursday, January 19, the Gr. 4-6 students had the opportunity to go see the Montreal-based recorder quartet *Flute Alors!* The students walked to the Community Theatre where they listened to the quartet play and learned all about the different sizes of recorders. They heard jazz and classical music in many different styles.

The performance was a great lead-up to the future Gr. 6

Recorder Quartet unit. Students in Grades 4 and 5 also play recorders throughout the year. It was a good experience for all the students to hear professionals play recorders and see the instrument's potential. The students recognized some of the pieces by J.S. Bach from their composer study in the fall. Thank you to Golden Prairie Arts Council for inviting us to the performance.

Grade 2 Symphony Field Trip

On Tuesday, January 17, the Gr. 2 students went to see the Winnipeg Symphony Orchestra as part of their Orchestra Unit in Music Class. The program was called "Presto Mambo" and featured music of Latin America. A character named Max took the students to all different locations in Latin America, including Mexico, Venezuela and Brazil. We heard music from those countries and many more. Max met his dog Mambo part way through his musical journey. The show combined humour and music in a way that kept everyone's attention. It was great to see all the instruments of the orchestra being played in real life.

Following the visit to the Centennial Concert Hall, the Gr. 2's made their way to the Planetarium. Here they learned all about stars, constellations and planets. They got to be part of an interactive experience where they could ask questions throughout. What a great experience!

Thank you to the Gr. 2 teachers and parent volunteers who came on the trip. It was a great day of learning.



Principal's Message

Thank you all for the amazing support, kind words and thoughts, flowers and food during this very difficult month for staff and students at Carman Elementary. Mrs. Boda was not only a great teacher, who thought of her students first and as her own kids, she was a lovely woman and friend to our staff and community. We were blessed to have had her as a teacher, colleague, and friend. She will be greatly missed at Carman Elementary.

February is I Love To Read Month! We are looking forward to having many guests and special activities taking place throughout the month. Mrs. Platt will signal us to Drop Everything and Read at random times throughout the day, Eagle 93.5 will send someone out to read to our grade 2 classes, and we will have a Reading Train in the gym! Please chat with your child's teacher if you would like to come in and read a story. We would love to have you!

A book is a gift you can open again and again! Garrison Keillor

Our student's safety is extremely important to everyone here at CES. You can help us keep it safe around our school by not picking your child up after school in the bus loading zone on the West side of the school. Many vehicles have been creeping through as the bus drivers have closed their doors to keep the heat in during these winter days and staff are concerned that a child could slip and be hurt by a vehicle. We load for a very short time. If you can please avoid this street during those few minutes it would be a great help in keeping our surroundings safe. There is ample parking space at the North end of the playground and normally open spots on the North East side as well. Thank you in advance for your cooperation.

Sincerely,
Mrs. Cecile Affleck

-Carman Elementary School Book Fair- will be held Feb. 14th-16th in our school library.
Feb. 14 & 15 - 9am-6pm Feb. 16 - 9am-4pm

-Canadian Red Cross Pink Day is an initiative that provides students, staff and the community with the opportunity to discuss the impact of bullying and how they can create a safe and respectful school environment. Students and staff are invited to wear pink shirts in solidarity to show that bullying is unacceptable and to stand for respect. Pink day will be held on April 12/17 (day 4) Order forms will be sent home today and due back Feb. 10/17. Purchasing a pink t-shirt in support of this day is completely OPTIONAL. Cheques payable to Carman Elem. School.

-A big thank you to ACSL and parent volunteers for supplying, cooking and serving pancakes on Jan. 18th. This has become an annual tradition that our staff and students look forward to!



Counsellor's Corner



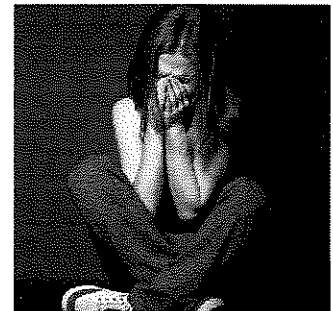
In our Grades 4, 5, and 6 classes, we have heard reports from a number of students with concerns about **Kik**, an instant-messaging app for mobile phones.

As with all social media, it is important for kids and parents to talk about safe usage. Here are some specific details about Kik that would be good to talk about:

1. Kik accounts are totally **anonymous** and **unverified**. This means that it is very easy for people to create fake accounts.
2. Kik supposedly requires users to be 13 or older, but since it is unverified, many users are under-aged.
3. Because of its anonymity, there have been a number of high-profile stories in the news about adult predators using Kik to prey on children.
4. Many of the "users" on Kik are actually "bots" (computer programs) instead of people. These range from bots that legitimate websites and companies use to advertise to more scary bots that try to deceive users to visit pornographic and phishing websites.

The Wikipedia page for Kik (https://en.wikipedia.org/wiki/Kik_Messenger) has good information and references to some of the dangerous usage of Kik.

This weekend is three weeks since our school community learned about the death of Mrs. Boda. Last Friday's memorial assembly was a meaningful way for our students and staff to remember her. After the service, many students and staff had the chance to cry together – for many of us, our emotions came out more on Friday than they had before.



This is a good reminder that **grief** can last a long time, and everyone experiences it differently. There are a number of *normal* aspects of grief that your students (especially those who were close to Mrs. Boda) might be experiencing in the coming weeks:

- denial
- emotional numbing
- anger, irritability, and episodic rage
- fear and rushes of anxiety (pangs)
- confusion
- difficulty sleeping
- regressive behaviors
- physical complaints such as "stomachaches" or headaches
- changes in appetite (overeating or lack of interest in food)
- transient visual or auditory misperceptions of the loved one's image or voice

For more ideas on how to talk to your child about grief, Dr. Bruce Perry is a great resource: http://teacher.scholastic.com/professional/bruceperry/death_and_loss.htm (and the source of the list above). If you have any questions about how to support your child, feel free to contact me at bplett@prsdmb.ca or (204) 745-2623.



January 2017

Dear Parents and Guardians,

The Kids in the Know® education program will be introduced into many of our classrooms this year to teach personal safety strategies. We realize that one short presentation is not a sufficient or effective strategy for children to protect themselves from victimization. Children must be continually reminded and taught to make the right choices.

We encourage parents to visit kidsintheknow.ca to obtain more information on child personal safety. If you do not have access to the Internet, please contact your son/daughter's school to receive more information.

Getting there:

1. Go to kidsintheknow.ca/parents.

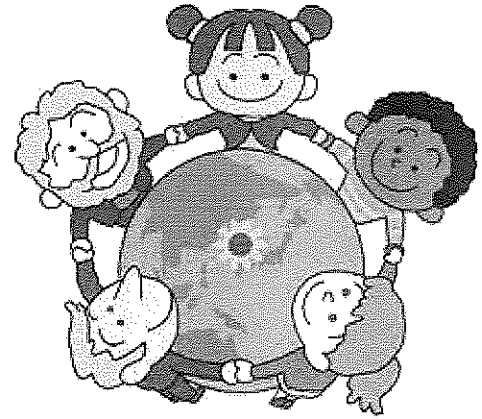
2. Click on your child's grade.

Children need to be empowered to feel safe by learning how to protect themselves from abduction and exploitation. They must be provided with the information, skills and support to help keep themselves safe from victimization and make appropriate decisions when faced with a dangerous situation. We thank you for your interest in your child's personal safety education. Together we can provide children with the tools to keep themselves safer from victimization. We are pleased to recognize people like you who share our commitment to keeping children safe. If you have any questions or concerns, email us at KIKfeedback@protectchildren.ca.

Mr. Plett, the school Guidance Counsellor, will be presenting Kids in the Know lessons in most classrooms at CES in 2017. In the other classrooms, Kids in the Know is already presented by the classroom teacher, or Mr. Plett and the classroom teacher will work together to plan other personal safety lessons for students.

If you have any questions about child personal safety, please contact Mr. Plett at (204) 745-2623 or bplett@prsdmb.ca.

Survival English



Survival English* is an 8-week program that teaches essential English to newcomers for everyday life in the community. This class is recommended for beginner English learners (CLB 1-3).

When: Starts January 31, 2017 – ends March 21, 2017
Tuesdays, 6 PM – 8 PM

Where: Midland Adult Education Centre
72 Main Street, Carman MB

Registration:

In person: Thursday, January 26, 2017 at the Midland Adult Education Centre, 72 Main Street, Carman, MB from 3 pm to 6 pm
(Please bring your permanent resident card to register)

Or

Contact us at 204-325-4059 or at
info@regionalconnections.ca

**Students must be permanent residents*



HOW TO MAKE A READER

TANNY MCGREGOR

Have you ever wondered what you can do to help your child fall in love with reading and become a lifelong reader? Do you need some ideas about how to talk to your child about books and even where to find great titles? In this session, author Tanny McGregor will share practical, everyday approaches that all families can enjoy to promote a love for learning and reading together.

Tanny McGregor has been teaching and learning in Cincinnati, Ohio for over 25 years. Combining creativity and a can-do spirit, she has helped hundreds of thousands of practitioners improve how they reach their readers.

Website: <http://pembinaescarpmentreadingcouncil.blogspot.ca>
Twitter: @perc_reads

**Thursday,
February 2,
2017**

7:00 pm

**Elm Creek
School**

**Free
admission**

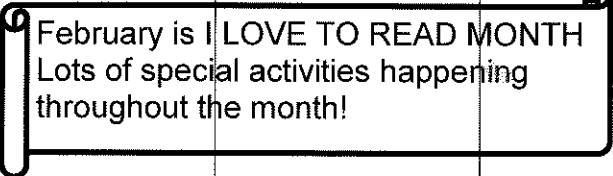



Refreshments available

**HOSTED BY:
PEMBINA
ESCARPMENT
READING COUNCIL
(PERC)**

KS- Day 1,3,5
 KG- Day 2,4,6
 KSG- Day 2,4,6

Carman Elementary School- February 2017

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 <i>Milk pre-ordered</i> Day 5 KS	2 <i>Hotdogs pre-ordered</i> Day 6 KG/KSG	3 <i>PD Day</i> <i>No classes</i>	4 <i>Blizzardfest</i> <i>Watch the paper for</i> <i>events throughout</i> <i>Carman</i>
5 <i>NEW LUNCH ORDERS</i> <i>START THIS WEEK</i> 	6 <i>Milk pre-ordered</i> <i>Subs pre-ordered</i> Day 1 KS	7 <i>Pizza pre-ordered</i> Day 2 KG/KSG	8 <i>Milk pre-ordered</i> Day 3 KS	9 <i>Hotdogs pre-ordered</i> Day 4 KG/KSG	10 <i>Milk pre-ordered</i> Day 5 KS	11
12 <i>CES Book Fair</i> Feb. 14 9-6 Feb. 15 9-6 Feb. 16 9-4 	13 <i>ACSL mtg. 7pm</i> <i>Milk pre-ordered</i> <i>Subs pre-ordered</i> Day 6 KG/KSG	14 <i>Pizza pre-ordered</i> <i>Happy Valentine's Day</i> <i>Book Fair 9-6</i> Day 1 KS	15 <i>Milk pre-ordered</i> <u>Early dismissal</u> <i>Book fair 9-6</i> Day 2 KG/KSG	16 <i>Hotdogs pre-ordered</i> <i>Book fair 9-4</i> Day 3 KS	17 <i>Milk pre-ordered</i> Day 4 KG/KSG	18 
19	20 <i>Louis Riel Day</i> <i>No classes</i>	21 <i>Pizza pre-ordered</i> Day 5 KS	22 <i>Milk pre-ordered</i> Day 6 KG/KSG	23 <i>Hotdogs pre-ordered</i> Day 1 KS	24 <i>Milk pre-ordered</i> Day 2 KG/KSG	25
26	27 <i>Milk pre-ordered</i> <i>Subs pre-ordered</i> Day 3 KS	28 <i>Pizza pre-ordered</i> Day 4 KG/KSG		